

Color Belt Curriculum

Rank	Poomsae	Kicking Combo	Breaking
White 2 Months (14 classes)	10 Basic Techniques	Jab & Cross Knee & Knee	Knee
Yellow 2 months (14 classes)	Tae Geuk Il Jang	Jab-Cross & Hook Front Kick & Front Kick	Front Kick
Purple 2 months (14 classes)	Tae Geuk Yi Jang	Front Kick & Axe Kick Round House Kick & Round House Kick	Axe Kick
Orange 2 months (14 classes)	Tae Geuk Sam Jang	Round House Kick & Axe Kick Round House Kick-Ap Bal & High Round House Kick	Round House Kick
Green 2 months (14 classes)	Tae Geuk Sah Jang	Fast Kick & Round House Kick Fast Kick-Ap Bal & Axe Kick	Fast Side Kick
Blue 4 months (24 classes)	Tae Geuk Oh Jang	Cut Kick & Round House Kick Fast Kick-Ap Bal & Back Kick	Elbow Strike Back Kick
Brown 4 months (24 classes)	Tae Geuk Yuk Jang	Round House Kick & Slide Back-Double Round House Kick Round House Kick & Slide Back- Back Kick	Knife Hand Strike Jump Front Kick
Red 4 months (24 classes)	Tae Geuk Chil Jang	Cut Kick-Ap Bal & Jump Back Kick Cut Kick & Fast Ap Bal Whip Kick	Back Fist Jump Back Kick
Poom 6+ months (42+ classes)	Tae Geuk Pahl, & Il Jang	Round House Kick & Tornado Kick Fast Kick & Spin Whip Kick	Fist Punch Jump Front Kick Jump R.H Kick Flying Side Kick